

Group Consultations: planned group care for families, children and young people in London



Healthy London
Partnership

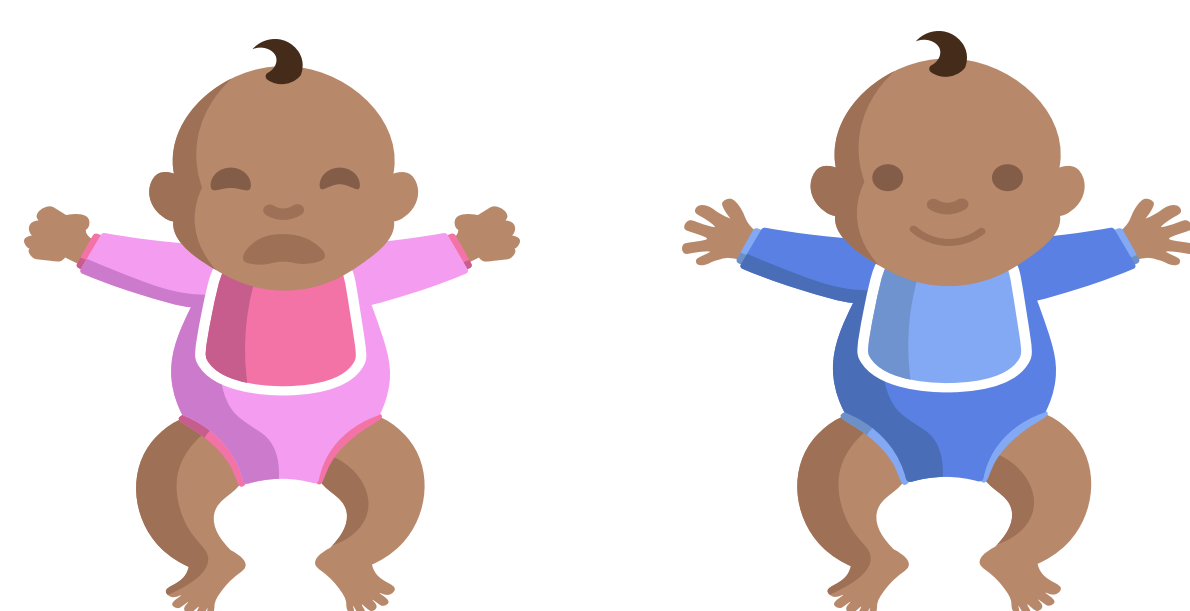
Lyndhurst Medical Centre,
Bexley CCG

Amersham Vale
Practice

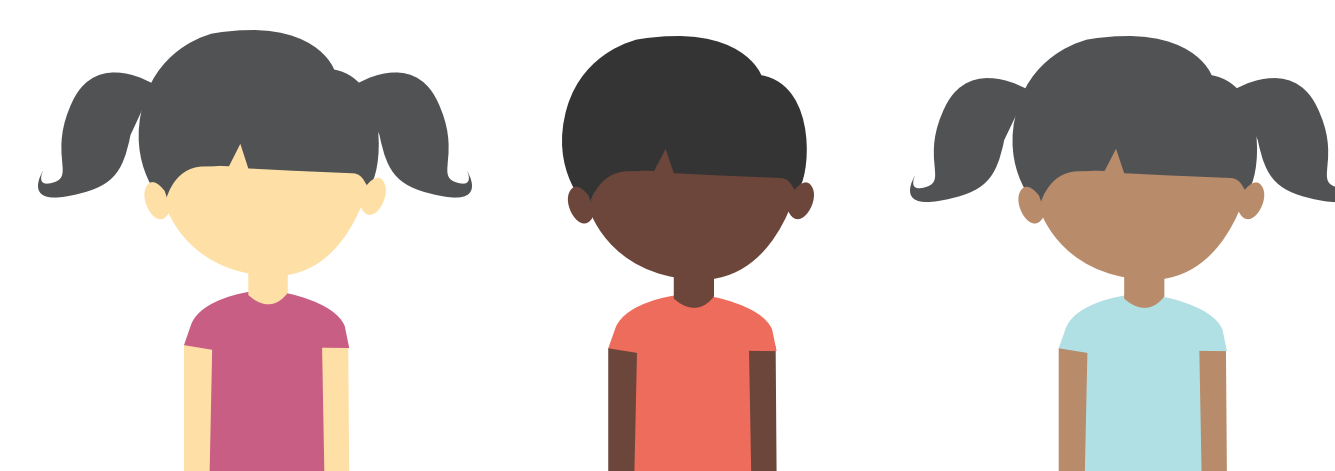
Lewisham CCG

Oxleas
NHS
Improving lives

Community Based Specialist Nursing



What changed and improved?



Families with a baby with Sickle Cell Anaemia under 12 months

Children with asthma aged 5-17

- Efficiency gains in clinician time - potential caseload management reduction 6-7 days a month to 1-2 days
- Time freed for group care with older children focused on self management and transition to adult care
- Greater family engagement with nurse specialists' advice - both mums and dads
- Powerful peer learning and support led by parents
- Community building
- Disengaged parents accepting diagnosis; stigma reduced
- Energising and rewarding for nurse specialist and facilitator

- Perceived efficiency gains in clinician time (GP and practice nurse)
- Greater interaction and contribution from children than in 1:1s
- Closer relationships built; improved education and self management outcomes in group clinic
- Peer learning and support amongst both parents and children
- Surprises for the clinician about what families didn't know they needed to do to keep well
- Restored joy and fun to clinical practice

"I loved it! It gave me a "buzz". This is a great way to deliver primary care to children and young people. Children joined in really quickly and shared information freely and in a fun way"

For more information about this programme, contact:

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