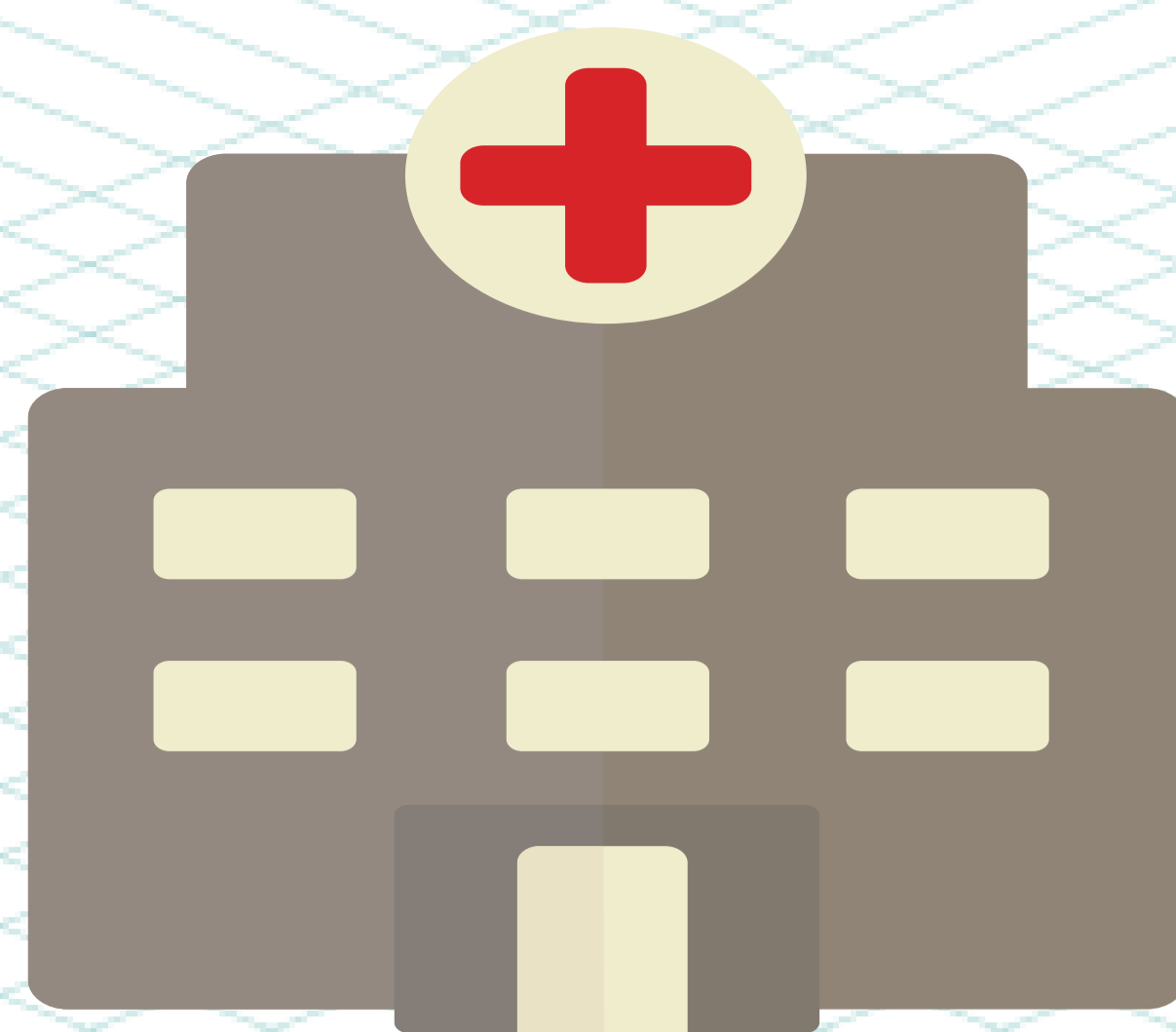


5 health system benefits realised from adopting



Group Consultations

Research shows that compared to usual care, the following system benefits are derived when care is delivered as a group consultation or shared medical appointment

Efficiency gains (clinician time)

NESTA found that consultants applying group clinics in outpatient settings saw 15 patients in the time it had previously taken to see 9; a **40% productivity gain**



Reduced A&E use and emergency admissions

Compared to usual care, Croydon psychiatrists saw a **30% reduction** in A&E admissions; Clancy et al found reduced A&E attendances in type 2 diabetics; Scott et al found people with LTCs had fewer emergency admissions



Reduced bed days

Jones et al found a **50% reduction** in psychiatric bed days at 6 months; an impact sustained at 2 years. Ickovics et al found babies whose mothers had group antenatal care needed fewer neonatal intensive care bed days



Lower care and societal costs

Seager et al estimated **annual savings of 65.1%** from group bariatric surgery clinics; Miller et al found reduced costs for patients with LTCs, sustained at 2 years



Reduced waiting times

Kaider-Person et al found compared to usual care, group clinics reduced waiting times for new and follow up patients. Oehlke found that group clinics **reduced waiting times from 3 months to 3 weeks**



Improved patient and staff satisfaction

Bartley, Cohen and Egger reported **significant improvements in patient and clinician satisfaction** with group clinics compared to usual care. This translated into patients choosing group clinics over one to one appointments for future care in a number of studies

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Efficiency gains (clinician time)

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